

Explore Guatemala



with **Terry Gay Puckett**, a native Texan and award-winning artist, who is very actively involved in the San Antonio art community.

Terry Gay has led numerous workshops to Mexico and Guatemala as well as throughout her home state of Texas. She specializes in drawing, painting, mixed media, enameling, and collage. Among her interests are folk art, study

of the Spanish language and art, and architecture of Pre-Columbian civilizations.

Terry Gay plans to share her sketching and painting techniques on location at the Hotel Atitlán, where you will be surrounded by sumptuous gardens, volcanoes, terraced mountainsides, and Maya Indian villages; as well as tips for journaling and sketching "on the move" as the group visits other awe-inspiring locations. In Guatemala, beauty pursues the traveler, and you will find fascinating subject matter everywhere. Come participate in a creative feast for the heart and soul.

Based at Lake Atitlán, which author Aldous Huxley called "the most beautiful lake in the world", there will be lots of time for visiting markets and villages with opportunities for buying handicrafts and textiles known the world over for their beauty and quality.

Terry Gay will offer instruction in T'ai Chi Chih®, Joy through Movement, in the mornings for those who are interested. She is a certified instructor in this moving meditation, consisting of nineteen movements and one pose. It is not a martial art, a dance, nor is it a religion. It is a moving discipline that brings great peace and serenity to those who practice regularly. It circulates and balances the Chi, the intrinsic energy within us. TCC affects the inner organs as well as the muscular structure. The slow, soft motions have a real effect on blood pressure, weight control and other physical aspects. It promotes creativity, relieves stress, and is said to increase quality of life as well as longevity. No special physical abilities, clothing, or equipment are required. Anyone can do it.

Setting and Accommodations...

Guatemala City...Here you will stay in the Quinta Real (www.quintareal.com) a resplendent blend of Guatemalan and Mexican art and architecture overlooking Guatemala City and facing the colossal "Fuego" and "Agua" volcanoes.

Finca Los Tarrales...Here you will experience an authentic Guatemala Coffee Plantation and Private Reserve with its exotic flower operation exporting the world over. Sleeping and dining in screened-in plantation lodges will evoke visions of "Out of Africa". With over 3000 acres of pristine forest climbing the backside of Volcano Atitlán, Los Tarrales has some of the best birding in the country.

Lake Atitlán and Villages... Lake Atitlán, known as "the most beautiful lake in the world" is surrounded by three towering volcanoes standing guard over the azure waters and the twelve Maya villages that rest on its shores. You will feel suspended in time as you watch a Maya fisherman in his dugout *cayuco* plying his trade as his ancestors have done for centuries. You will stay at the Hotel Atitlán (www.hotelatitlan.com), at the water's edge, engulfed by beautiful botanical gardens, its a truly inspirational location.

Chichicastenango...This world famous Maya market is a "crown jewel" of Guatemala, brimming with beautiful hand woven textiles and splendid works of art and crafts in designs and techniques passed on from generation to generation. The Maya/Catholic rituals and open-air market of "Chichi" and the blazing colors of everyday dress will enthrall you.

Antigua...Step back into time almost five hundred years ago when the Spanish conquistadores invaded Guatemala. Draped in vibrant bougainvillea and surrounded by towering volcanoes, this picturesque, time trapped city of Antigua will capture your heart. Its richly textured ruins provide artistic inspiration and the opportunity to interpret the romantic ambiance of peaceful parks, cobblestone streets, ruined churches, monasteries, and colonial homes with courtyards. In Antigua you will stay at the **Hotel Casa Santo Domingo** (www.casasantodomingo.com.gt), built from the ruins of a 16th century monastery. The sounds of running water in the stone-carved fountains, candlelight throughout the hallways and fresh flowers everywhere will simply take your breath away.



To enroll...

Detach the registration form and send it with your deposit or full payment check (**group size limited**, date of registration request determines priority of space) made **payable to Explore Guatemala, L.L.C.**. Upon enrollment, additional information will be provided to assist you in planning your trip. **Do not make airline arrangements until you have received confirmation of your reservation from Explore Guatemala.**

September 10-19, 2007

Terry Gay Puckett Art Workshop/Tour

Tel 210-599-7098 Fax 210-655-1451

e-mail: exploreguatemala@idworld.net

web site: www.exploreguatemala.com

P.O. BOX 17217, San Antonio, TX 78217

Registration Request

Name as it appears on your passport:

Name you go by:_____

Passport Number (**Current passport required**):

Address:_____

City/State/Zip:_____

Home phone:_____ Other phone:_____

E-mail _____

Sex: M/F_____ Date of Birth:_____

Occupation:_____

Emergency Contact Name:_____ Phone:_____

Medical/dietary considerations:

_____ I am on my own but wish to share a room.

_____ I am a smoker.

_____ I prefer the single supplement charge.

Enclosed is check/money order

payable to Explore Guatemala, L.L.C.

Deposit: \$_____ or Total Fee: \$_____

Signature:_____ Date:_____

X_____

(indicates you have read our Terms and Conditions)



Terry Gay Puckett
Art Workshop/Tour in Guatemala
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Mon 10th: Fly into Guatemala City, overnight at Hotel Quinta Real, on a mountainside overlooking the city and volcanoes.

Tue 11th: We will travel to the village of Comalapa which has become an important center of *naïf* painting largely due to Andrés Curruchich, whose paintings are in galleries the world over. A wonderful Maya market here. Travel through some of the most beautiful scenery Guatemala has to offer to Finca Los Tarrales, a private reserve with a coffee plantation, exotic flower growing operation, bird watching, and scenic trails. (B,L,D)

Wed 12th: T'ai Chi Chih® (TCC) and exploration of the finca. After lunch, travel to the most beautiful lake in the world, Lake Atitlán and the Hotel Atitlán, surrounded by botanical gardens, towering volcanoes, terraced mountainsides, villages and a beautiful lake view. (B,L,D)

Thu 13th: TCC. Sketching and painting in the botanical gardens. The afternoon will be free for individual instruction or exploring the botanical gardens or the nearby nature walk. We will go to the local village of Panajachel. (B,L,D)

Fri 14th: TCC, then a leisurely boat ride with a stop at the scenic village of Santiago and a little shopping in the artists' colony. For lunch we will have a delightful and quite incredible cultural experience as guests in a private Tz'utujil style home which was featured in Architectural Digest's Exotic Homes issue. (B,L,D)

Sat 15th: TCC and on-sight painting and sketching instruction in the botanical gardens of the Hotel Atitlán. The afternoon will be free for individual instruction, exploring the nearby villages garden walking, a canopy tour (zip line) or sitting by the pool and jacuzzi with a good book. (B,L,D)

Sun 16th: Travel to Chichicastenango and its world famous market; colorful, exciting; a maelstrom of furious commerce and the best place in the country to buy textiles and handicrafts. The magic of the Maya and their religion is everywhere.

After lunch we travel to colonial Antigua. Feel the romantic ambiance of its flower-filled courtyards, its narrow cobbled streets, and Spanish architecture. (B,L,D)

Mon 17th: TCC, then explore Casa Santo Domingo, an architectural delight, full of colonial artwork. It is an ongoing archeological excavation site with several "world class" museums. We will visit the Jade factory and shop, whose archeologist owners rediscovered the lost jade mines of the ancient Maya. Exploring and shopping on your own. (B,L)

Tues 18th: Awaken to the raucous calls of the Macaws. TCC and breakfast in a local café. A visit the market then free time for lunch, art, exploring, or shopping on your own. (B)

Wed 19th Say goodbye to Antigua and Guatemala for today we must leave for home taking memories to last a lifetime.

Accompanying your Workshop/Tour

Anita Rogers lived in Guatemala for 25 years, speaks Spanish, and was a collector of Maya weavings and Spanish Colonial antiques. She has been around the travel industry most of her life, as her family owns the beautiful Hotel Atitlán on Lake Atitlán in the Guatemala highlands. **John Korte** has traveled to Guatemala for the past 20 years. They understand local customs and business practices. They stay in the hotels, eat in the restaurants, and ride the transportation, personally experiencing every aspect of their workshop/tours. They know the "hidden treasures" as well as the little bits of information only the locals know. Their experience, relationships, and knowledge of the country allow them to provide a worry-free, life enriching travel adventure.

Included in your Explore Guatemala Workshop/Tour:

- A superbly crafted travel experience to the most enchanting, magical land of the Maya... Guatemala.
- A sketching, painting, and T'ai Chi Chih® workshop experience with Terry Gay Puckett. Tuition included.
- 10 days, 9 nights at unique, luxury hotels with most meals included (per itinerary).
- Deluxe motor coaches and private boats viewing the most scenic and colorful venues...an artists paradise.
- Hotel baggage handling, driver and meal service tips. All entrance fees and excursions included in the itinerary.

NOT included:

- Airfare from your hometown to Guatemala City. Our flexible plan allows you to:
 1. use your Frequent Flyer miles to obtain your own tickets
 2. **or**, purchase your tickets through your own sources
 3. **or**, go through our **discount ticketing** resource, eXito, a company that specializes in low-cost airfare to Latin America. Call Issac at 1-800-655-4053 ext. 8507 or 0 if not available. Tell him you are traveling with **Explore Guatemala-Terry Gay Puckett Group**. Issac will arrange for everyone to arrive in Guatemala City by the appointed time.

Obviously, the sooner you make your reservation, the better the price and availability. However, do not make airline arrangements until you have received confirmation of your reservation from Explore Guatemala.

Terms:

Prices:

- **\$1995** Plus airfare (based on double occupancy).
- Single room supplement: **\$385**.
- **Reservation Deposit: \$500** (reserve **now**, Group limited)

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